

## HYPOALLERGENIC DIETS FOR DOGS

+ Dogs with food allergies are generally itchy. They tend to chew more on their feet and on their rears, and sometimes, they can have badly inflamed ears with possible ear infections.

+ A food trial takes time and patience. You may not see results for at least 8 weeks, but the key to success is that you stick with the diet especially through the trial period. This includes no treats (unless hypoallergenic AND from the same food source as the hypoallergenic diet), no rawhides, no pig ears, no Greenies, and absolutely no table scraps.

+ Hypoallergenic diets for dogs with food allergies must contain **NO** beef products, chicken products, milk (dairy) products, or corn. This includes by-products of chicken and beef, as well as ingredients like chicken fat, or animal fat etc. This applies to treats as well! Make sure to read the labels on the back of the bags to ensure none of these ingredients are present.

+ When starting a hypoallergenic diet, do **not** change foods once you select a certain type (ie. switching from lamb/rice on week one to duck/potato on week two). This can sometimes cause adverse reactions like vomiting, diarrhea, as well as skin irritation and itching.

+ There are many diets we offer in our hospital for food allergy dogs, but you can also find some in your local pet store such as Feeders Supply. Most have dry and canned versions, as well as special treats.

We carry the following brands for purchase in our hospital:

**Eukanuba Fish/Potato**  
**IVD Venison**  
**IVD Duck**  
**Hills Z/D**  
**Hills Z/D Ultra**

The following are over the counter brands we recommend:

### **DICK VAN PATTEN'S NATURAL BALANCE**

- Sweet Potato and Venison
- Potato and Duck
- Sweet Potato and Fish
- Lamb Meal and Brown Rice

### **Eagle Pack Holistic Select**

- Salmon Meal